

# Training camp – trainings schedule

## Hungary – Bócsa



### Thursday

#### Shortend long

Accommodation – start/finish – 37 km

Start – 46°31'39.0"N 19°24'51.8"E

Pirtó, 1 : 10 000, Äquidistanz 2 m

- Long – 6 350 m – 21 controls
- Middle – 5 260 m – 18 controls
- Short – 4 040 m – 12 controls

normal map – flags on the controls

speed = medium

#### Loops

Accommodation – start/finish – 36 km

Start – 46°37'37.3"N 19°28'06.4"E

Bócsa, 1 : 10 000, Äquidistanz 2 m

- A – 970 m – 4 controls
- B – 1 020 m – 3 controls
- C – 850 m – 3 controls
- D – 840 m – 3 controls
- E – 1 200 m – 3 controls
- F – stars for HD14

normal map – SI and flags on the controls

speed = fast

### Friday

#### Relay (first leg)

Accommodation – start/finish – 21 km

Start – 46°24'15.4"N 19°37'35.0"E

Szana, 1 : 10 000, Äquidistanz 2 m

- HD – 5 520 m – 17 controls
- HD14 – 2 980 m – 10 controls

normal map – flags + SI on the controls

speed = fast

#### Even Odd

Accommodation – start/finish – 21 km

Start – 46°24'15.4"N 19°37'35.0"E

Szana, 1 : 10 000, Äquidistanz 2 m

- HD – 7 580 m – 14 controls
- HD14 – 4 030 m – 18 controls

normal map – flags on the controls

speed = medium

### Saturday

#### Juniper cup

Accommodation – start/finish – 41 km

Parking – 46°38'53.5"N 19°25'07.8"E

Kaskantynu, 1 : 10 000, Äquidistanz 2 m

- middle distance
- more info - <http://astrois.hu/boroka-tavasz/2018/>

normal map – competitions

speed = fast

### Sunday

#### Juniper cup

Accommodation – start/finish – 41 km

Parking – 46°38'53.5"N 19°25'07.8"E

Kaskantynu, 1 : 10 000, Äquidistanz 2 m

- long distance
- more info - <http://astrois.hu/boroka-tavasz/2018/>

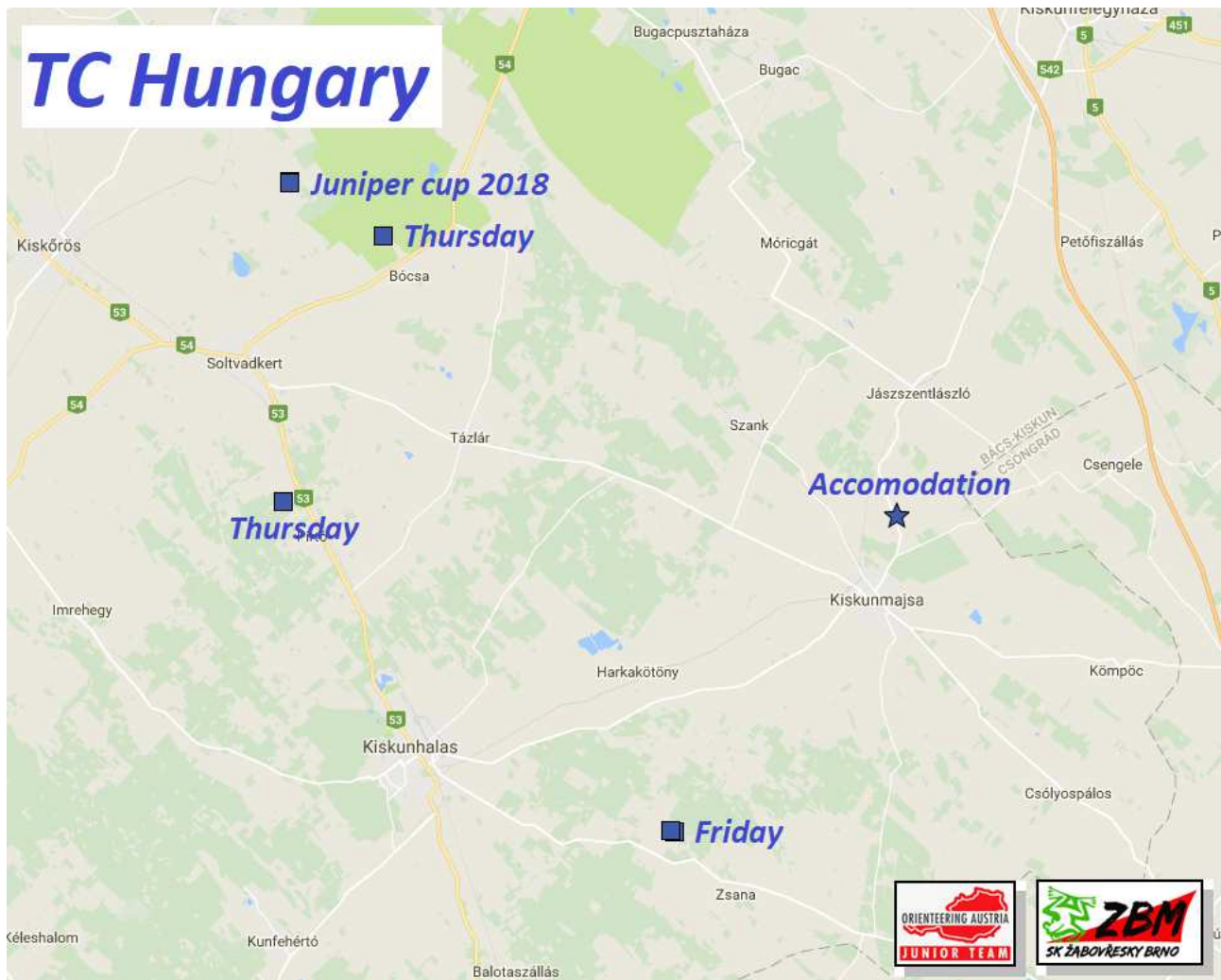
normal map – competitions

speed = fast

Maps with training places -

<https://www.google.cz/maps/@45.521053,13.4239094,10.25z/data=!4m2!6m1!1s12UK20mwnZ0xkfGC7Y7yyNA46nBU?hl=cs>

All trainigs (maps in JPG format, results in PDF format) you will find on Facebook (Austrian junior team) or ZBM home page (<http://zhusta.sky.cz>)



/19.2.2018, Libor Zřídka Veselý